How to Use a Face Covering

1. Wash your hands before putting a face covering on or taking it off.

2. Put your face covering on so that it covers your nose, mouth, and chin. Pinch around your nose to ensure a secure fit.

3. Don't pull your face covering down below your nose or mouth.

4. Carefully remove your face covering by the straps for breaks or meals.

5. Before reuse, inspect your face covering. If it is wet or dirty, put on a clean face covering. If it is torn or damaged, throw it away.

6. If your face covering is undamaged, fold it in half so the outside surfaces are touching and place in a clean bag or container. If the bag is paper, seal it. If plastic, leave it open.

Cloth face coverings should be washed daily.

When reusing your face covering after a break or meal, make sure you put it on properly. Always wash your hands before putting a face covering on or removing it.

Source: Centers for Disease Control

Learn more at richmond.edu/coronavirus.