Isolation & Quarantine Protocol

Effective Jan. 24, 2022

Note: Most of the details below apply to students. Employees should consult the Working on Campus Guide and Employee Decision Trees for more information about isolation and quarantine for faculty and staff.

The University has updated isolation and quarantine protocols as part of its COVID-19 response in line with the most recent guidance from the CDC and the Virginia Department of Health.

Details about these new requirements include:

**Isolation**

- Regardless of vaccination status, students must isolate for 5 full days from the earlier of the onset of symptoms or a positive test (PCR or rapid antigen).
- A self-test kit will be provided by the University. Students will be instructed to take the test on day 5 of isolation.
  - If the test is positive, they should report the test as instructed when placed in isolation and remain in isolation with a potential release on day 8.
  - Students may take another test on day 7 of isolation. Test results should be reported as instructed when placed in isolation. If the test is positive the student remains in isolation for 10 full days with release on day 11.
  - If the test is negative, the student is released from isolation on day 8.
- Release from isolation on day 6 may occur given the following conditions are met:
  - Negative self-test taken on day 5
  - No fever for 24 hours without fever reducing medicine; and
  - Other symptoms resolved or resolving

*Note: Students released from isolation on day 6 must wear a mask for 5 days after release. The mask must be worn at all times except when sleeping or eating. The mask should be a N95, KN95, or surgical mask and NOT a cloth mask.*

- Release from isolation on day 8 may occur given the following conditions are met:
  - Negative self-test taken on day 7
  - No fever for 24 hours without fever reducing medicine; and
  - Other symptoms resolved or resolving

*Note: Students released from isolation on day 8 must wear a mask for 3 days after release. The mask must be worn at all times except when sleeping or eating. The mask should be a N95, KN95, or surgical mask and NOT a cloth mask.*

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Quarantine

- The University will test all close contacts, regardless of vaccination status on day 1 with a rapid antigen test if supplies permit. If not, a PCR test will be used.
- The University will test all close contacts, regardless of vaccine status on days 3-5 with a rapid antigen test if supplies permit. If not, a PCR test will be used.
- Individuals who are within 5 months of their last primary dose of Pfizer or Moderna or within 2 months of their last primary dose of J&J and individuals who have had a booster prior to exposure, and individuals that have a confirmed case of COVID-19 in the past 90 days, are not required to quarantine. They must, however, following the following protocols:
  - Test as indicated above
  - Wear a mask for 10 full days. The mask must be worn at all times except when sleeping or eating. The mask should be a N95, KN95, or surgical mask and NOT a cloth mask.
  - Monitor their symptoms, report any symptoms, and not attend class/work if they have developed symptoms.
- Individuals who are unvaccinated or are more than 5 months from their last primary dose of Pfizer or Moderna or 2 months from their last primary dose of J&J and have not had a booster must:
  - Quarantine for 5 full days from the date of exposure
    - If space is available and time permits, residential students will be moved to on-campus quarantine space.
    - If space is not available or the person is identified late in the quarantine period (e.g., day 4 or 5), residential students may be permitted to quarantine in their on-campus residence and get grab-and-go dining. These students must wear a N95, KN95, or surgical mask at all times except when eating or sleeping and should try to eat alone during the quarantine period.
    - Non-residential students, faculty and staff, must quarantine at their residence.
  - Wear a N95, KN95, or surgical mask at all times except when eating or sleeping for 5 additional days.
  - Monitor their symptoms, report any symptoms, and not attend class/work if they have developed symptoms.