



Student Health Center

Phone: 804-289-8064 Fax: 804-287-6466

COVID-19 Information for Roommates, Suitemates, and Apartment Mates of UR Students in Isolation Pending a COVID-19 Test

My roommate/suitemate/apartment mate was placed in isolation based on symptoms. Do they have COVID-19?

Many of the symptoms of COVID-19 are similar to symptoms of other common illnesses. If a student has symptoms that may be consistent with COVID-19, as a precaution, the Student Health Center may place that student in isolation until they can be tested for COVID-19. The fact that the student was placed in isolation does not mean that they have a confirmed case of COVID-19. It simply means that they have symptoms that could be associated with COVID-19 and that the Student Health Center believes that they should be tested.

Why haven't I been contacted by Virginia Department of Health contact tracers?

Contact tracing does not begin until there is a confirmed case of COVID-19. Once a person is confirmed as having COVID-19, a Virginia Department of Health Case Investigator will interview the person to identify any close contacts they may have. A close contact is defined as a household member or someone who has been within 6 feet of an infected person for at least 15 minutes. If your roommate/suitemate/apartment mate is in isolation pending the results of a COVID-19 test, the Virginia Department of Health will not contact you. If they test positive for COVID-19, the contact tracers will then reach out to you.

What is quarantine?

Quarantine separates people who have had close contact with someone infected with the COVID-19 virus but do not currently have symptoms. The purpose is to prevent possibly spreading the virus by avoiding contact with others while monitoring yourself for symptoms of illness. The length of quarantine is 14 days from the date of your last contact with the person with COVID-19, as long as you remain healthy.

Why haven't I been placed in quarantine?

You have not been placed in quarantine at this time because your roommate/suitemate/apartment mate has not been diagnosed with COVID-19. Their symptoms may be attributable to something other than COVID-19. The Student Health Center will place roommates/suitemates/apartment mates in quarantine only after a confirmed COVID-19 test or when they have a very strong suspicion that the person has COVID-19 (for example, when they have been exposed or someone who has COVID-19 or when they experience a loss of smell and taste accompanied by other symptoms).

What should I do until my roommate's test result comes back? Can I go to class?

If you need to go into quarantine, the Student Health Center and the Virginia Department of Health will notify you. Until then, you may continue to go to class and you may leave your residence hall or apartment.

However, you must strictly comply with the University's health and safety protocols including the following:

- Wear a face covering in all University buildings and outside when you cannot maintain at least 6 feet of distance from others, including on walkways;
- It is recommended that you also wear a face covering in your suite or apartment;
- Maintain 6 feet of distance from others to the greatest extent possible;
- Do not attend parties or other social gatherings;
- Continue to complete the University's Daily Symptom Checker; and
- Call the Student Health Center right away if you begin to experience any symptoms of COVID-19 at 804-289-8064. After hours and on weekends, call the After Hours Nurse Advice Service at 804-289-8064.

What if I develop symptoms?

Call the Student Health Center right away if you begin to experience any symptoms of COVID-19 at 804-289-8064. After hours and on weekends, call the After Hours Nurse Advice Service at 804-289-8064. You may be advised to be tested for COVID-19 and must stay in isolation until your symptoms resolve, your test results are known and/or you have been advised by a healthcare provider that it is safe to leave.

For questions: call the Student Health Center at 804-289-8064. You may access the After Hours Nurse Advice service from 804-289-8064 as well.

For emergency assistance: On campus, call: 804-289-8911 Off campus, call: 911

HEALTH RESOURCES:

<https://www.vdh.virginia.gov/coronavirus/#COVID-19-resources>

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID-19-Quarantine-vs-Isolation.pdf>